

ASCEND CERRO ACONCAGUA

Known as “The Sentinel of Stone”, Aconcagua is the highest peak outside the Himalayan region and deserves its place amongst the Seven Summits.



LEVEL: ●●●●● +

Epic exclusive: **19 DAYS**

Best months: **JAN - FEB**





ASCEND CERRO ACONCAGUA

This climb requires significant training and preparation, both physical and mental. Epic is with you every step, providing customised fitness and nutrition plans, and monitoring your progress to ensure that each group member is focused and equipped for the challenge.

DAY 1 – 2: MENDOZA, ARGENTINA

The group gathers in Mendoza, a quaint city, located in Argentina's premier wine province, graced with unique culture and cuisine. This evening you conduct a detailed gear check and partake in a thorough, final pre-climb brief covering safety systems, evacuation protocol and weather contingency plans.

DAY 2: MENDOZA / PENITENTES

Today you transfer to Penitentes to prepare for the ultimate mountaineering expedition ahead. Penitentes sits at 2,720m (8,900 ft) above sea level, which provides an opportune altitude to begin acclimatisation.

DAYS 3 – 16: CONFLUENCIA CAMP / PLAZA DE MULAS / NIDO DE CONDORES

Your route takes you through the Horcones Valley and ascends to the world's highest mountain lodge, Refugio Plaza de Mulass, perched at 4,370 m (14,337 ft), where you will further acclimatise in style. The summit bid will take place after several practice climbs and when the group is fully ready. You will embark upon your last major climb at 2am in order to conquer the highest point in the Americas (6,962 m / 22,841 ft) at sunrise.

DAYS 17 – 18: MENDOZA

Return to Mendoza for celebrations and explorations of the neighbouring wine regions.

DAY 19: MENDOZA / BUENOS AIRES

Fly to Buenos Aires, and onwards.

- Set **date departures** are available.
- Minimum age 18 years.
- All climbers must have previous experience at altitude.

For more information, please contact:
Kevin Jackson kjackson@epicprivatejourneys.com